

The 1st annual Basic Skills Competition <u>Basic Skills in the Catskills</u> sponsored by The Skating Club of Saugerties P. O. Box 764 Saugerties NY 12477 will be held at The Kiwanis Ice Arena on <u>Saturday April 9, 2016</u>

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills program/club or any other Basic Skills program/club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM AND BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed or one higher and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

ENTRIES AND FEES -Entries should be done on **Entryeeze.com** no later than **March 14, 2016.** Late entries will be accepted at the discretion of the organizers for an addition fee of \$15.00. Entry fees are per person, U.S. dollars. The first event is **\$45.00** and each additional event is **\$15.00**. NO refunds after closing date unless event is canceled by The Skating Club of Saugerties.

If sending in a paper entry form there will be an addition \$5.00 processing fee. PAPER ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with fee check made payable to The Skating Club of Saugerties. There will be a **\$30.00** fee for returned checks.

AWARDS – Everyone will receive an award. All events will be final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. ALL awards will be given at appropriate times throughout the competition.

SCHEDULE OF EVENTS - Will be posted on The Skating Club of Saugerties website **skatingclubofsaugerties.com** no later then April 2, 2016

PRACTICE ICE - Practice ice will be available on Saturday April 9,2016 in two 20 minute sessions at 9-920am & 9:20-9:40am Sign-up on our website and pay \$5.00 at the door.

MUSIC - The music for all free skating programs and showcase must be provided on CDs by the skater. CDs should be clearly marked with the name of the skater, event entered and length of music (not skating time).

Competition music is to be turned in at the time of registration. Time duration is always +/- 10 seconds.

CD should be in a CDA Format

Entry Form

NameLast		First	AgeSex
Address		City	
StateZip	Email /	Address	
Area Code/Phone #		Birth Date	
U.S. Figure Skating Number		Highest Level Passed_	
Program/Club Affiliation			
Coach's Name			
Please check the event(s) you ar	e enterin	=	
Basic Elements:		Basic Free Skate Program:	
Snowplow Sam	Dasis F	Snowplow Sam	Docin F
	Basic 5 Basic 6	Basic 1 Basic 2	Basic 5
	Basic 7		Basic 6 Basic 7
Basic 4	Basic 8	Basic 4	Basic 8
Intro Level Compulsory Events		Compulsory Events	Intro Level Free Skate
<u>Program</u>			
Beginner		Pre-preliminary Test	Beginner
High_Beginner		Preliminary Test	High Beginne
No Test			No Test
Well Balanced Free Skate Progra	ım:	Test Track Free Skate Program	<u>Showcase</u>
Pre-Preliminary Free Skat	e	Pre-Preliminary	Basic Skills 1-
Preliminary Free skate		Preliminary	Beginner/ Hig
			Beg
			No Test/ Pre-
			Pre
			Preliminary
FEE IS \$ 45.00 for 1 st EVENT, \$ 15.			
Additional Event \$			

Additional Eve	nt \$	
Total:	\$	

The completed entry form, with fees, must be postmarked no later than March 14, 2016.

Make check or money order payable to <u>The Skating Club of Saugerties</u> and mail to: The Skating Club of Saugerties c/o Amber Crispell P. O. Box 764 Saugerties NY 12477 For additional information call: Amber Crispell (845) 389-1848 alwc86@gmail.com

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds The Skating Club of Saugerties harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature	Date
Competitor Signature	Date
Instructor/Coach Signature	Date
Program Director/Club Officer	Date

EVENT: Basic Elements Event: SNOWPLOW SAM - BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.

• All elements must be skated in the order listed.

Level	Time	Skating rules/standards	
		March followed by a two-foot glide and dip	
Snowplo	1:00 max.	Forward two-foot swizzles, 2-3 in a row	
w Sam 1-		Forward snowplow stop	
3		Backward wiggles, 2-6 in a row	
		Forward two-foot glide and dip	
Basic 1	1:00 max.	Forward two-foot swizzles, 6-8 in a row	
		Forward snowplow stop	
		Backward wiggles, 6-8 in a row	
		Forward one-foot glide, either foot	
Basic 2	1:00 max.	 Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot 	
		Moving snowplow stop	
		Two-foot turn in place, forward to backward	
		Backward two-foot swizzles, 6-8 in a row	
		Forward stroking	
Basic 3	1:00 max.	Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise,	
		4-6 consecutive	
		Forward slalom	
		Backward one-foot glide, either foot	
		Two-foot spin - minimum three revolutions	
		Standstill forward outside three-turn, right and left	
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise	
		Forward crossovers, 4-6 consecutive, both directions	
		Backward stroking, 4-6 strokes	
		Backward snowplow stop, right or left	
		Backward outside edge on a circle, clockwise or counterclockwise	
Dania F	1:00 max.	Backward crossovers, 4-6 consecutive, both directions	
Basic 5		Basic one-foot spin, free leg held to side of spinning leg - minimum three	
		revolutions	
		Side toe hop, either direction	
		Hockey stop	
		Standstill forward inside three-turn, right and left	
Basic 6 1:00 max. • Bunny Hop		· · ·	
		Forward spiral on a straight line, right or left	
		Lunge, right or left	
		T-stop, right or left	

Basic 7	1:00 max.	 Standstill forward inside open Mohawk, right to left and left to right Ballet jump, either direction Backward crossovers to a back outside edge landing position, clockwise and counter clockwise Forward inside pivot
Basic 8	1:00 max.	 Moving forward outside or forward inside three-turns, right and left Waltz jump (from a standstill) Mazurka, either direction
		 Combination move, clockwise <u>or</u> counter clockwise, two forward crossovers into forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions



EVENT: Basic Program Event: SNOWPLOW SAM - BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards	
		March followed by a two-foot glide and dip	
Snowplow	1:10 max.	Forward two-foot swizzles, 2-3 in a row	
Sam 1-3		Forward snowplow stop	
		Backward wiggles, 2-6 in a row	
		Forward two-foot glide and dip	
Basic 1	1:10 max	Forward two-foot swizzles, 6-8 in a row	
		Forward snowplow stop	
		Backward wiggles, 6-8 in a row	
		Forward one-foot glide, either foot	
Basic 2	1:10 max	Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot	
		Moving snowplow stop	
		Two-foot turn in place, forward to backward	
		Backward two-foot swizzles, 6-8 in a row	
		Forward stroking	
Basic 3	1:10 max.	Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6	
		consecutive	
		Forward slalom	
		Backward one-foot glide, either foot	
		Two-foot spin - minimum three revolutions	
		Standstill forward outside three-turn, right and left	
Basic 4	1:10 max.	Forward crossovers, 4-6 consecutive both directions	
		Backward stroking, 4-6 strokes	
		Backward snowplow stop, right or left	
		Backward crossovers, 4-6 consecutive, both directions	
	1:10 max.	Basic one-foot spin, free leg held to side of spinning leg - minimum three	
Basic 5		revolutions	

		Side toe hop, either direction
		Hockey stop
		 Standstill forward inside three-turn, right and left
Basic 6	1:10 max	Bunny Hop
		 Forward spiral on a straight line, right or left
		Lunge, right or left
		T-stop, right or left
		 Standstill forward inside open Mohawk, right to left and left to right
Basic 7	1:10 max	Ballet Jump, either direction
		Back crossovers to a back outside edge landing position, clockwise and counter
		clockwise
		Forward inside pivot
		 Moving forward outside or forward inside three-turns, right and left
Basic 8	1:10 max.	Waltz jump (from a standstill)
		Mazurka, either direction
		 Combination move, clockwise or counter clockwise – two forward crossovers
		into a forward inside Mohawk, step down, cross behind, step into one back
		crossover and step to a forward inside edge
		Beginning one-foot upright spin, free foot held to side of spinning leg or crossed
		position - minimum three revolutions

EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15 max.	 Waltz jump ½ jump of choice Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) Forward or backward spiral
High Beginner	1:15 max.	 Toe loop jump Salchow jump Forward scratch spin - minimum three revolutions Forward or backward spiral
No Test	1:15 max.	 Loop jump Jump combination to include a toe loop (may not use a loop or Axel) Solo spin - sit or camel spin - minimum three revolutions Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.

EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

position.	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump.	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge test
No-Test 1:40 Maximum	Max. 5 jump elements: Single jumps, with the exception of the single Axel, are allowed No single Axels, double jumps or triple jumps Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted Jump sequences limited to a maximum of 3 single jumps Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Max. 2 spins: Spins may change feet and/or position Spins may start with a fly Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	Step sequence* Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence	



EVENT: COMPULSORY MOVES

General event parameters:

- Elements skated on ½ ice
- Elements may be performed only once
- Music is not allowed

Level	Time	Skating rules/standards
Pre-Preliminary	1:15 max.	 Toe Loop jump Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	 Lutz jump Jump combination: single/single (may include Axel) Back upright spin - minimum three revolutions Forward inside spiral



EVENT: WELL BALANCED PROGRAM FREE SKATE

General event parameters:

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary intermediate.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

Level	Time	Jumps	Spins	Step Sequenc es
Pre- Prelimina ry	1:40 Maximum Vocal music permitted	 Maximum of 5 jump elements: All single jumps, including single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max. 2 jump combinations or sequences Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 3 jumps is permitted. Jump sequences limited to a maximum of 3 single jumps ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	Spins may change feet and/or position. Spins may start with a fly. Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E)	One step sequenc ed that must use ½ of the ice surface. Moves in the field and spiral sequenc es are permitt ed, but will not count as element

				S
				Jumps may be included in the step sequenc e
Prelimina ry	1:40 Maximum Vocal music permitted	One must be an Axel or Waltz-jump type jump All single jumps, including single Axel, allowed. Only 2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed	Spins may change feet and/or position. Spins may start with a fly. Minimum of 3 revolutions	One step sequenc ed that must use ½ of the ice surface.
		 An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded 	These spins must be of a different character (For definition see Rule 4103 (E)	Moves in the field and spiral sequenc es are
		 Maximum 2 jump combinations or sequences Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted. Jump sequences limited to a maximum of 3 single or double jumps ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 		permitt ed, but will not count as element s
				Jumps may be included in the step sequenc e



EVENT: Test Track Free Skate

General event parameters:

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level

- they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualificatio
Pre-Preliminary 1:40 max.	Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only Maximum 2 jump combinations or sequences Maximum 2 of any same type jump	Maximum of 2 spins: Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test.
Preliminary 1:40 max	Jumps with not more than one rotation (no Axels) Maximum 2 jump combinations or sequences Maximum 2 of any same type jump	One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating prepreliminary free skate test, but may not have passed tests higher than the preliminary free skate test.

SHOWCASE EVENTS:

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control

will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time: 1:00 max.
Free skate 1-6/ Beginner/High Beginner/ Adult 1-4	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
No Test/ Pre-Preliminary/ Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40 max.

